

## M14 Youth Basketball League F.A.Q.

**Please Read the Below Information Entirely.** It is written by M14 Founder, Matt Miller, and it will answer most of your questions. Any additional questions will be answered at Tryouts or you can contact us via email or phone.

#### What is the MYBL

The M14 Youth Basketball League is an in-house league for boys that runs from the beginning of November through February. We offer 3 different combined boys grade level divisions: 3rd/4th graders, 5th/6th graders and 7th/8th graders. We also offer 1 girls 4th-6th grade division. The MYBL offers two 1-hour practices a week and 1 game on Friday nights. The practice times and game times do not change throughout the season!

This league is a great fit for players who:

- 1) Want to receive professional coaching through the winter season
- 2) Are not interested in the aggressive travel basketball schedule but still would like your player to play competitive games and get better!
- 3) Want to play for Team M-XIV (M14's AAU teams) in the future
- 4) Want to have fun, play competitive games and continue to develop under the M14 System.

If 1 or all 4 fit your players needs, then the MYBL is a great option for them!

## What are the grade level divisions?

For the MYBL we combine grade levels. This means 3rd and 4th grade boys will play within the same divisions. 5th and 6th grade boys will as well and the 7th and 8th grade boys will be combined. The 4th-6th grade girls will be combined as well.

## Is there an evaluation for the league?

Yes

#### What happens at the evaluation?

The evaluation is FREE! All evaluation dates and times are listed on the website. At the evaluation we will divide the players into their grade level divisions and they will undergo a similar evaluation as our teams i.e. individual skill portion with 3on3 and a 5on5 portion. We also have a parent meeting at the beginning of the evaluation to go over further details about the league and answer any questions.

#### Is there a chance my player could be cut?

While our goal is to accept all players, unfortunately yes, there is a chance players will not be invited. While this is an in-house league, we still need to make sure we have quality within it. This is why we have an evaluation to make sure we have a good understanding of each player's talent level.

#### When will we find out if my player made it?

Within the following 72 hours we will email out the results to all players. At that time, parents will have 3 days to get their player registered for the league.

## Is there a make-up evaluation?

If you cannot make the formal evaluation, we do offer makeup evaluations. You will need to email us at <a href="mailto:info@M14hoops.com">info@M14hoops.com</a> to request a private evaluation. As long as we have space at your players grade level, we will set up the evaluation.

#### When does it start? When does it finish?

Refer to the website

## What nights are practice held on?

Practices are 60 minutes in length and are held twice a week. Days & times are online now!

Practices will be half individual skill and half team (IQ) drills.

## What is the cost of the league?

\$400 + \$20 for the reversible jersey

## What is the focus of the league?

The focus of the MYBL is for players to get better; we want each player to develop while playing competitive games and having fun. The focus is not keeping a team record. The format of the MYBL is similar to our summer league which we have run successfully for over 10 years.

## How are teams divided up?

Each week, we will form new teams within grade level divisions. This format will keep the league competitive and focused on player development.

\*\*\*We DO NOT take requests for players to be on teams with their friends; however carpooling is still possible because practice and game times are the same.\*\*\*

#### Will they play other feeder or travel teams?

No. The MYBL is an in-house league where teams are formed from the participants within it and games are played against each other.

#### Will my player get better?

Yes! Yes! And YES! This is not the first time we have run this format in a league. We have run the summer league for 10 years under this format and have seen players really 'turn the corner' because of the format of the league. By mixing teams up weekly, they not only focus on winning the game they are playing but since there is "no medal" they are more willing to take risks on the court and try new moves/concepts which leads to more confidence and fun for them!

We have also run this format during the winter time for several years. It is a great league for players who want to play for Team M-XIV in the future or just want to continue to develop for middle school teams.

#### How many players on a team?

10

#### Who will coach my player?

The same coaches who coach our travel/AAU teams! There are no programs at M14Hoops where we do not give each player the best staff to learn from. This is not a 'parent-coached' league. It does not matter what level of talent your player is; if they are in an M14Hoops program, they will receive the best coaching we have to offer!

## What are the game rules?

3rd/4th Boys & 4th-6th Girls - 16 minutes running clock. 28.5 size ball 5th/6th & 7th/8th Boys 18 minute running clock. 29.5 size ball Equal playing time

All shooting fouls will be 1 free throw for 2 or 3 points depending on where the player was fouled.

Last minute of the game

- -Clock stops
- All fouls constitute to a 1on1 bonus free throw situation

M14 Staff refs the games

# Can my player play in the MYBL and for his feeder team or another travel team?

Yes! This league has always allowed players to play with their feeder teams and in the MYBL. By having games on Friday nights, it allows for players to play with their feeder teams in tournaments on the weekend so they get the best of both worlds!

#### Does the "No Parents" rule for the first 2 weeks apply to MYBL?

Yes! The first two weeks, we only allow players and coaches in the gym for PRACTICES! Parents are allowed to attend all games within the first two weeks.

## Do the same Parent Rules apply to the MYBL?

Yep! Same rules apply!

- No walking on the court
- No talking with your player during practice
- Cheer for your player and team during games
- Do not interact with the referees
- Enjoy watching your player getting better!!!

## Is there time off for the holidays?

Yes! We are off the following weeks for practices and games

- -Thanksgiving week
- -The week after Christmas week
- -The week after New Years week